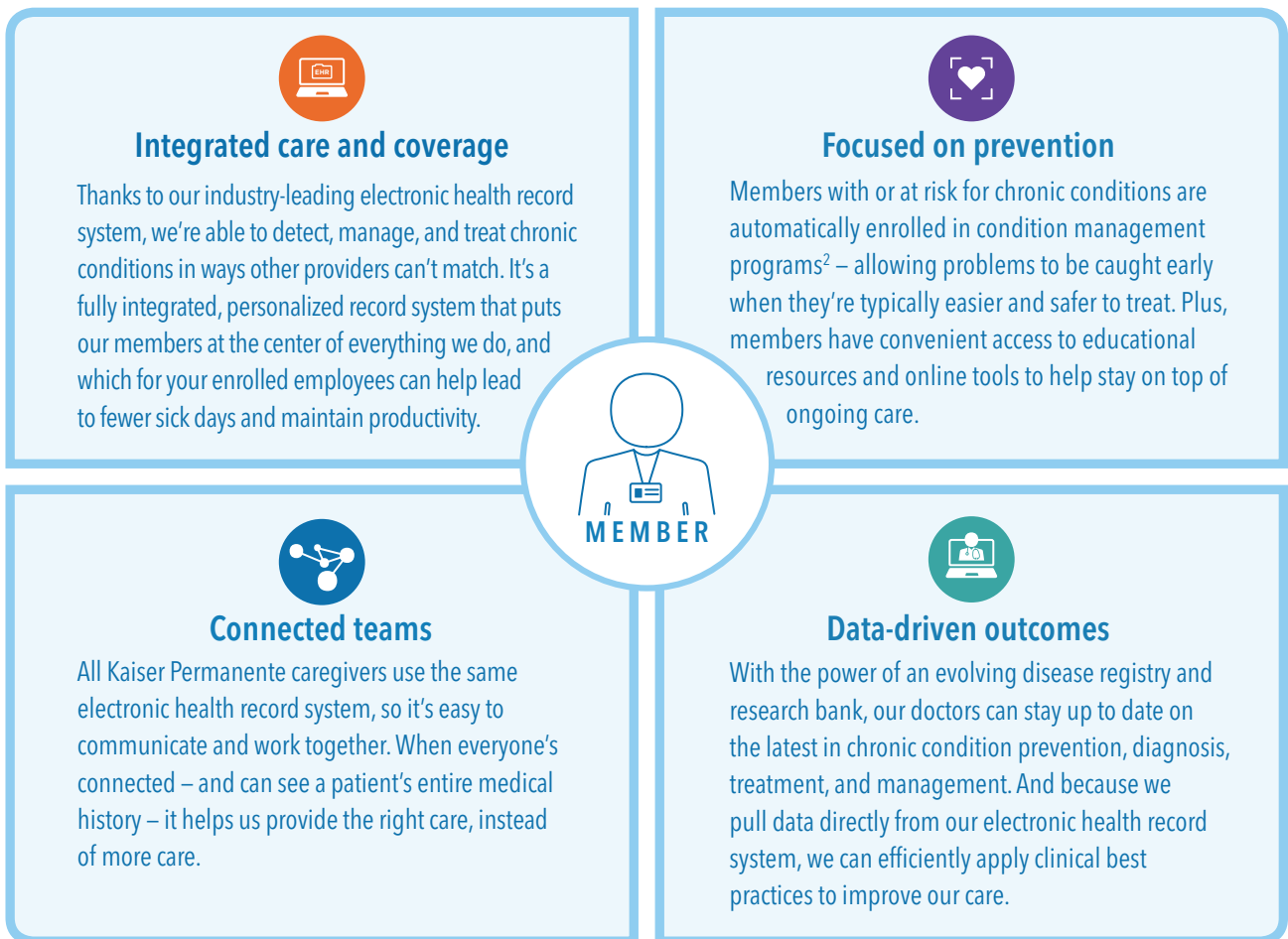


The value of integrated chronic condition management



Chronic conditions can have a significant impact on employees' quality of life and are a primary driver of health care costs. And since a small business depends so heavily on each individual employee, the effects of illness and absenteeism can be great. That's why our award-winning¹ disease management program is designed to help manage the cost and care of your employees – all while keeping them engaged in the long run.



Note: Availability of services varies by region.

¹"Building Healthier Communities: Kaiser Permanente Southern California," Alliance of Community Health Plans, October 22, 2012.

²Kaiser Permanente also offers health education counseling, programs, and materials that are not covered, and you may be required to pay a fee.

Employees can get care for a wide range of chronic conditions. Our disease management programs include:

- Asthma
- Cancer
- Chronic kidney disease
- Chronic pain management
- Coronary artery disease
- Depression
- Diabetes
- Heart disease
- HIV/AIDS
- Hypertension
- Osteoporosis
- Weight management

To learn more about chronic condition management contact:

Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 320 Westlake Ave. N., Suite 100, Seattle, WA 98109