

2021 RENEWAL PORTFOLIO | District of Columbia

# Changes to 2021 Benefits

## District of Columbia—DHMO Plus

### Small employer group changes for contracts renewing on or after January 1, 2021

This document provides an overview of changes Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc. is making to your small group DHMO Plus health plan offerings effective upon your group's 2021 renewal date.

#### The following changes apply to all DHMO Plus plans unless otherwise noted:

- **Plan Names:**
  - The word “**Dental**” has been removed from all plan names and replaced with the word “**Vision**”

#### The following changes are applicable In-Plan Only:

- **Labs & Screenings:** The following labs and retinopathy screening will be covered at no charge
  - Retinopathy screening for the chronic condition of diabetes
  - Hemoglobin A1c testing for the chronic condition of diabetes
  - Low-density lipoprotein (LDL) testing for the chronic condition of heart disease
  - International Normalized Ratio (INR) testing for the chronic condition of liver disease and/or bleeding disorders
- **Durable Medical Equipment (DME):**
  - Peak Flow Meter – No longer subject to the deductible, applicable cost share still applies
- **Diabetic Equipment and Supplies:**
  - Glucose Monitoring Equipment (including test strips, lancets and control solution) - No longer subject to the deductible, applicable cost share still applies

For more information, please refer to your *Summary of Benefits and Coverage (SBC)* and/or your *Evidence of Coverage (EOC)*.

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- **Vision Services:**

- Discount for Frames and Lenses changed from 40% discount off retail price to \$125 discount off retail price (discount is combined for frames and lenses and available once per year (365 days) and not available if contact lenses are purchased in lieu of frames and lenses)
- Discount for Contact Lenses changed 15% discount off retail price to \$25 discount off retail price, once per year (365 days) and not available if frames and lenses are purchased in lieu of contact lenses

- **Dental Services:**

- Adult \$30 Preventive and Cosmetic Dental Plan has been discontinued
- Pediatric Dental Plan (formerly Pediatric and Cosmetic Dental Plan) – Cosmetic services are no longer covered under pediatric dental benefits

**The changes outlined below apply to the specified health plans as follows:**

- **KP DC Gold DHMO Plus 1500/20/Vision (formerly KP DC Gold DHMO Plus 1500/20/Dental)**

**IN-Plan Changes:**

- Self-Only Out-of-Pocket Maximum: increased from \$7,000 to \$7,200 per individual
- Family Out-of-Pocket Maximum: increased from \$14,000 to \$14,400 per family (not to exceed \$7,200 for any one family member)
- Inpatient Physician and Surgical Fees: copay per admission increased from \$50 after deductible to \$55 after deductible
- Outpatient Surgery Physician/Surgical Services: copay per visit increased from \$50 after deductible to \$70 after deductible
- Specialty Office Visit: copay per visit increased from \$50 to \$55
- Copay per visit increased from \$50 to \$55 for the following benefits:
  - Dialysis
  - Routine Foot Care
  - Therapy: Radiation and Chemotherapy
  - Urgent Care Center or Facilities
  - Vision Services: Ophthalmologist

For more information, please refer to your *Summary of Benefits and Coverage (SBC)* and/or your *Evidence of Coverage (EOC)*.

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- Sleep Studies

**Prescription Drugs:**

- Rx Deductible: increased from \$250 per member to \$300 per member
- Preferred Brand Drugs:
  - Plan Pharmacy and Mail Delivery: copay per 30-day prescription increased from \$50 after Rx deductible to \$60 after Rx Deductible
  - Participating Network Pharmacy: copay per 30-day prescription increased from \$60 after Rx deductible to \$70 after Rx Deductible

**Out-of-Network changes:**

- Specialty Office Visit: copay per visit increased from \$70 to \$75
- Accidental Dental Injury Services: Specialist copay per visit increased from \$70 to \$75
- Allergy Services: Specialist copay per visit increased from \$70 to \$75
- Diabetes Self-Management Training: Specialist copay per visit increased from \$70 to \$75
- Hearing Services: Specialist copay per visit increased from \$70 to \$75
- Routine Foot Care: copay per visit increased from \$70 to \$75
- Vision Services: Ophthalmologist- copay per visit increased from \$70 to \$75

**Prescription Drugs:**

- Preferred Brand Drugs:
  - Out-of-Network: copay per 30-day prescription increased from \$70 to \$80

For more information, please refer to your *Summary of Benefits and Coverage (SBC)* and/or your *Evidence of Coverage (EOC)*.

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# Notice of nondiscrimination

Kaiser Permanente complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Kaiser Permanente does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. We also:

- Provide no cost aids and services to people with disabilities to communicate effectively with us, such as:
  - ◆ Qualified sign language interpreters.
  - ◆ Written information in other formats, such as large print, audio, and accessible electronic formats.
- Provide no cost language services to people whose primary language is not English, such as:
  - ◆ Qualified interpreters.
  - ◆ Information written in other languages.

If you need these services, call Member Services at **1-888-777-5536** (TTY **711**), 8 a.m. to 8 p.m., seven days a week.

If you believe that Kaiser Permanente has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator by writing to 2101 East Jefferson Street, Rockville, MD 20852 or calling Member Services at the number listed above. You can file a grievance by mail or phone. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, **1-800-537-7697** (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

# Multi-language Interpreter Services

## English

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call **1-888-777-5536** (TTY: **711**).

## Spanish

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-888-777-5536** (TTY: **711**).

## Chinese

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-888-777-5536** (TTY: **711**)。

## Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-888-777-5536** (TTY: **711**).

## Tagalog

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-888-777-5536** (TTY: **711**).

## Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-888-777-5536** (TTY: **711**)번으로 전화해 주십시오.

## Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-888-777-5536** (телетайп: **711**).

## Japanese

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。**1-888-777-5536** (TTY:**711**) まで、お電話にてご連絡ください。

## Thai

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร **1-888-777-5536** (TTY: **711**).

## Hindi

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। **1-888-777-5536** (TTY: **711**) पर कॉल करें।

## Amharic

ማሳሰቢያ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገለግሉት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ **1-888-777-5536** (መስማት ለተሳናቸው፡ **711**)።

## Farsi

**توجه:** اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با (TTY: 711) 1-888-777-5536 تماس بگیرید

## Arabic

**ملحوظة:** إذا كنت تتحدث اذکر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم (رقم هاتف الصم والبكم: 711). 1-888-777-5536

## German

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-888-777-5536 (TTY: 711).

## French

**ATTENTION :** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-777-5536 (ATS : 711).

## Yoruba

**AKIYESI:** Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi 1-888-777-5536 (TTY: 711).

## Portuguese

**ATENÇÃO:** Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-777-5536 (TTY: 711).

## Italian

**ATTENZIONE:** In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-777-5536 (TTY: 711).

## Bengali

**লক্ষ্য করুন:** যদি আপনি বাংলা, কথা বলতে পারেন, তাহলে নিঃখরচায় ভাষা সহায়তা পরিষেবা উপলব্ধ আছে। ফোন করুন 1-888-777-5536 (TTY: 711)।

## Urdu

**خبردار:** اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں 1-888-777-5536 (TTY: 711).

## French Creole

**ATANSYON:** Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-888-777-5536 (TTY: 711).

## Gujarati

**સુચના:** જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-888-777-5536 (TTY: 711).