

# Kaiser Permanente HMO Plan with the Signature network

**It's care and coverage together that gives you highly rated,<sup>1</sup> affordable care. Plus top doctors and technology that put health at your fingertips.**

The Kaiser Permanente HMO Plan with the Signature<sup>SM</sup> network gives you quality care from Mid-Atlantic Permanente Medical Group, P.C. (Permanente), physicians. They're part of a group of over 1,600 physicians who practice in our medical centers located in Maryland, the District of Columbia, and Virginia.

## About this plan

- You have fixed copayments for most covered services.
- There is \$0 copay for preventive care services, such as routine physicals and well-child visits.
- There are virtually no claims to file.
- You do not have to meet medical deductibles.

## Getting care at Kaiser Permanente facilities<sup>2</sup>

When doctors and specialists, health plan, pharmacy, and hospitals are all connected, health care works better, and becomes affordable and hassle-free. You save time receiving several services in one visit. And because you receive care in our medical centers, you can go online or use our mobile app to order most prescription refills, see most lab test results, make appointments, email your doctor, and so much more. With Kaiser Permanente:

- Care is coordinated around your life.
- You save time, hassles, and money.

All Kaiser Permanente medical centers offer primary care. On-site you'll also find:

- Radiology
- Laboratory
- Pediatrics
- Obstetrics-gynecology
- Other specialty care

Some centers offer:

- Ambulatory surgery
- Urgent Care
- Behavioral health services
- Vision care and optical services
- And more

Visit [kp.org/facilities](https://kp.org/facilities) to take a virtual tour of our medical centers and learn about the services offered at each location.

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This material contains a brief description of the features of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the *Evidence of Coverage (EOC)*. If there are any discrepancies between this material and the benefits detailed in the *EOC*, the *EOC* will prevail.



## **Kaiser Permanente carefully selects premier hospitals to team with us in taking great care of you<sup>3</sup>**

We've chosen award-winning hospitals to team with for coordinating your care. These hospitals are located throughout Maryland, the District of Columbia, and Virginia. As a patient at a premier hospital, your care will be guided 24/7 by Permanente physicians who exclusively care for our members at that hospital. With Kaiser Permanente on-site, your care is coordinated within the hospital and with your primary care physician, ensuring the smooth transition of your care before, during, and after your hospitalization. To learn more about our premier hospitals, visit [kp.org/premierhospitals](https://kp.org/premierhospitals). In addition to premier hospitals, you also have access to additional contracted hospitals throughout the service area with the Select network.

## **Got a health matter that needs attention?**

A video visit<sup>4</sup> is a real-time video chat you can have with a primary care or urgent care physician using your smartphone, tablet, or computer. During your visit, your doctor can access your electronic medical record or consult with another physician, so your care is seamless, convenient, and connected. Schedule a video visit online at [kp.org](https://kp.org) or by using the Kaiser Permanente (KP) app.

<sup>1</sup>In the National Committee for Quality Assurance (NCQA) 2019-2020 Health Insurance Plan Ratings, our Medicare health plan is rated 4.5 out of 5, the highest rating in DC, MD, and VA.

<sup>2</sup>Care and services provided by physicians of the Mid-Atlantic Permanente Medical Group, P.C., only.

<sup>3</sup>The premier hospitals are independently owned and operated hospitals, and they contract with Kaiser Foundation Hospitals.

<sup>4</sup>Video visits are available to Kaiser Permanente members who have a camera-equipped computer or mobile device and are registered at [kp.org](https://kp.org). You must be present in Maryland, Virginia, or Washington, DC, for visits with your primary care physician or behavioral health provider. For urgent video visits with an emergency doctor, you may also be present in West Virginia, Florida, North Carolina, or Pennsylvania. For certain medical or mental health conditions. For video visits with a behavioral health provider, appointments can be scheduled for follow-up care.