



## COMPREHENSIVE CARE FOR CHRONIC CONDITIONS

Kaiser Permanente takes an integrated, patient-centered approach to health care that sets our disease management program apart. It's built into all our health plans and has our members covered from prevention to personalized medicine for a wide variety of chronic conditions.

### SPECIALTY CARE PROGRAMS INCLUDE:



Asthma



Cancer



Chronic  
Kidney Disease



Chronic Pain  
Management



Coronary  
Artery Disease



Depression



Diabetes



Heart Disease



HIV/AIDS



Hypertension



Osteoporosis



Weight  
Management

When members are at risk for developing a chronic condition, they're automatically enrolled in our disease management program. They'll receive the right level of support needed to manage their health conditions from a team of top-notch physicians and providers who work together to provide proactive and comprehensive care.

### What is Kaiser Permanente's approach to disease management?

Our electronic health record system, HealthConnect®, allows the community of care givers, including primary care doctors, specialists, pharmacy, and lab, to access real-time data to help our members take a preventive approach to disease management and notify them of upcoming screenings.

When doctors have a holistic, big-picture look at the total health of their patients, it helps them make informed decisions that lead to more effective and faster outcomes toward disease management.

### What happens if I'm diagnosed with a chronic condition?

When a patient is diagnosed with a chronic illness, we assemble a team to help the patient manage it – there is no opting-in. Once a lab test or screening identifies a disease or condition, our team of experts will promptly initiate a treatment plan without having to wait until you see your primary care physician.

### What resources are available?

Our doctors partner with their patients to create a personalized care plan designed to treat their condition and empower them with the self-care tools, resources, and support they need to manage it. These include educational classes, online resources, group appointments, podcasts, and other personalized programs that help our members live their healthiest best while managing their disease.



#### EXPERT CARE TEAMS

Our expert care teams collaborate across specialties and care settings to deliver quicker diagnoses and more efficient treatment for faster recoveries.



#### FOCUS ON PREVENTION

We've implemented comprehensive, convenient, and effective programs to screen our members for cancer. With this timely and proactive approach, we're better able to prevent or detect and treat cancers early and save lives.



#### ADVANCED TECHNOLOGY

Our unique intelligent technology allows us to identify and close patient "care gaps" – such as the need for screenings and other preventive care. This proactive outreach helps to detect risks early enough to allow members to take steps that will slow or prevent disease.